



All club coaches are volunteers and give their time freely to the club. Please help them in the running of the club to the best of your ability.

'Canoeing and Kayaking are "Assumed risk Water Contact Sports" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement'

1. The duty coaches in charge of the sessions advice must be adhered to in regards to the pool sessions.
2. Please inform the duty coaches if you have a medical condition or change in your known medical conditions that may affect your ability to paddle.
3. Before the first Pool session at 3pm if you can arrive at 2.30pm and help with the transport of the boats from the boat store to the pool this would be appreciated.
4. Please help return boats to the boat-store after your session. (Any parents of carers we appreciate your help).
5. Please return all equipment after your session in the correct locations. Paddles, spray-decks etc. Please make sure you boat is completely empty after your session.
6. Before your pool session please get changed and wait on the balcony or the viewing area. No-one is permitted to enter the children pool or pool area without permission at any time
7. If waiting on pools side please sit on the concrete pool benches at the top of the pool near the viewing area. Do not walk around the pool or play with any equipment.
8. Please do not throw or bounce the polo balls on the poolside. This will damage and deflate the balls.
9. Please treat all equipment used with respect. Damage to equipment by misuse must be paid for. In some cases it may be necessary to borrow equipment belonging to other club members. All personal equipment including boats must be washed and clean of dirt before use in the pool. If you bring your own boat you may be asked if you are happy for it to be used during other sessions if required. It is important that all equipment is treated as if it is yours. Treat items like you would like your own to be treated.
10. It is the clubs policy that a swimming costume, shorts and a t-shirt are worn for all pool sessions. (Don't forget your towel).
Entry may be refused if this rule is not adhered to.
11. Please do not bring food or drink onto the poolside. Food and Drink must be left in the café/viewing area.
12. Due to Child Protection rules photographs and video is not allowed to be taken at the pool.
13. The changing areas are not secure so please make sure you do not leave valuables in the changing area. Please use the lockers or leave clothes with parents at the pool.
14. An adult member of family or nominated guardian should be present at the pool side for any children attending sessions. Please do not drop your children off at the pool without having previously arranged for supervision outside the organised session times. Mold Canoe Club and the volunteer coaches cannot be responsible for any children outside session times.
15. Mold Canoe Club operates a child protection policy. The club follows procedures as stipulated by the WCA/BCU which can be found on the BCU website (www.bcu.org.uk) A copy of this is available if required.